

Best lifters of Asian Benchpress Championships 2008

Women Best lifters

Age Category	PL	Name	Nation	Formula Points
Sub-Jr	1	Chen Jie Wen	Chinese Taipei	100.2
	2	Eka Komala Sari	Indonesia	91.2
	3	Hanko Kristina	Turkmenistan	77.1
Junior	1	Inoue Yu	Japan	121.2
	2	Okamura Misato	Japan	95.7
	3	Kuo Yu Chun	Chinese Taipei	92.4
Master 1	1	Masuyama Akemi	Japan	119.9
	2	Suzuki Yuko	Japan	108.1
	3	Medina Merlina	Philippines	100.0
Master 2	1	Sato Rinko	Japan	81.5
	2	Hayashi Hisako	Japan	78.3
	3	Nakazawa Kumiko	Japan	76.5
	1			
	2			
	3			
Senior	1	Nagaya Kaori	Japan	147.0
	2	Hung Min Chu	Chinese Taipei	133.6
	3	Hsu Hsiao Li	Chinese Taipei	121.3

Men Best lifters

Age Category	PL	Name	Nation	Formula Points
Sub-Jr	1	Zomorodnia Shayan	Iran	128.4
	2	Baghaeinasab Mohammadmehdi	Iran	125.3
	3	Mahoor Habil	Iran	124.0
Junior	1	Barati Mohammad	Iran	157.4
	2	Asadzadeh Jaber	Iran	153.0
	3	Takehana Masato	Japan	151.0
Master 1	1	Mahmoodian Mahmoodreza	Iran	152.5
	2	Motaghian Morteza	Iran	151.3
	3	Amatsuji Shinobu	Japan	138.4
Master 2	1	Otani Susumu	Japan	148.9
	2	Kitagawa Takeshi	Japan	135.9
	3	Anraku Tomohiro	Japan	135.0
Master 3	1	Kato Yuji	Japan	130.2
	2	Magome Toru	Japan	126.1
	3	Kitano Toshio	Japan	111.6
Master 4	1	Takei Yasumitsu	Japan	72.9
	2			
	3			
Senior	1	Midote Daisuke	Japan	180.3
	2	Noda Toshihiko	Japan	179.8
	3	Miyake Toru	Japan	177.0

Master 4, to receive medals for placing in overall competition, based on Formula.