

Results of Asian Benchpress Championships

29-30, 08, 2004

Jamshedpur, India



Men 67.5

No.	Class	Family name / First name	Nation	Birth Year	Body Weight	Benchpress				Best	Place	Wilk's Points
						1	2	3	4			
Sub-Junior												
1	67.5	Faisai Majeed	Pakistan	1987	66.60	60.0	70.0	80.0		80.0	1	62.4
Junior												
2	67.5	Gopeshwar Kumar	India	1985	67.25	140.0x	140.0	145.0		145.0	1	112.2
3	67.5	Zakharov Aleksey	Kazakhstan		67.50	100.0x	105.0x	105.0x				
4	67.5	Okamoto Takayoshi	Japan	1981	67.30	130.0	137.5	142.5		142.5	2	110.1
5	67.5	Ravi Ranjan	India	1984	65.45	140.0x	140.0x	140.0		140.0	3	110.8
6	67.5	S M Mir Mojarrabian	Iran	1983	62.35	80.0	90.0x	90.0x		80.0	4	66.0
Senior												
7	67.5	Ishikawa Takuya	Japan	1979	66.75	165.0	172.5x	172.5		172.5	2	134.3
8	67.5	Talebloo Hassan	Iran	1977	66.75	185.0	195.0	210.0x		195.0	1	151.8
9	67.5	Y. Hemlet Singh	India	1976	67.40	160.0	167.5x	167.5		167.5	3	129.3
Master 1												
11	67.5	Bezrukov Igor	Kazakhstan	1961	66.65	125.0	135.0	140.0x		135.0	1	105.2
12	67.5	Raj Kumar	India	1964	65.00	110.0x	110.0	125.0		125.0	2	99.4
Master 2												
13	67.5	M N Bhaskare	India	1943	67.25	50.0	55.0	57.5		57.5	1	44.5
Master 3												
14	67.5	Magome Toru	Japan	1943	67.15	70.0	100.0	120.0		120.0	1	93.0

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Men 75

No.	Class	Family name / First name	Nation	Birth Year	Body Weight	Benchpress				Best	Place	Wilk's Points
						1	2	3	4			
Junior												
21	75	Sato Yuki	Japan	1983	73.55	160.0	170.0	180.0x		170.0	1	122.9
22	75	Linnik Viktor	Kazakhstan	1981	72.75	150.0x	150.0	160.0x		150.0	2	109.3
23	75	Shyam Singh	India	1983	71.45	130.0	140.0	145.0		145.0	3	107.1
Senior												
25	75	Abdollahi Ghafoori Akbar	Iran	1976	73.10	180.0	190.0	192.5		192.5	1	139.7
26	75	Santosh Burte	India	1974	74.50	170.0	177.5	182.5x		177.5	3	127.1
27	75	Maierov Alexander	Kazakhstan	1975	74.00	180.0	190.0	192.5x		190.0	2	136.7
Master 1												
28	75	Jafari Reza	Iran	1960	74.85	120.0	130.0	135.0x		130.0	2	92.8
29	75	D. R. Gupta	India	1963	72.15	125.0	130.0	135.0x		130.0	1	95.3
Master 2												
31	75	Gurinder Singh	India	1954	74.75	120.0x	120.0x	120.0		120.0	2	85.8
32	75	Inderjeet Singh	India	1954	74.25	150.0	157.5	162.5x		157.5	1	113.1
Master 3												
34	75	Itoh Ajia	Japan	1940	74.55	150.0x	150.0	156.0	157.5x	155.0	1	111.0
35	75	Debabreta Chatterjee	India	1937	70.50	100.0	110.0	112.5x		110.0	2	82.0
							= Master 3 World record					

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No.	Class	Family name / First name	Nation	Birth Year	Body Weight	Benchpress				Best	Place	Wilk's Points
						1	2	3	4			
Sub-Junior												
41	82.5	Muhammad Kashif Iqbal	Pakistan	1986	81.75	135.0	145.0x	145.0x		135.0	1	91.0
Junior												
42	82.5	Abbaszadehdhaji Pezhman	Iran	1983	82.15	180.0	192.5	200.0	205.0	200.0	1	134.4
43	82.5	Laiq Mujahid Qadri	Pakistan	1984	76.50	60.0	80.0	90.0x		80.0	3	56.2
44	82.5	Sagdullin Ildar	Kazakhstan	1983	81.70	150.0	160.0	170.0		170.0	2	114.6
Senior												
45	82.5	Ishimoto Naoki	Japan	1962	80.90	195.0x	195.0	200.0x		195.0	1	132.2
46	82.5	Soltani Farshid	Iran	1969	81.85	182.5x	185.0	197.5x		185.0	2	124.6
47	82.5	Ranjit Singh	India	1980	81.80	155.0x	155.0	160.0x		155.0	3	104.4
48	82.5	Muhammad Khalid	Pakistan	1969	81.90	125.0	135.0	140.0		140.0	4	94.2
Master 1												
49	82.5	Shkirman Vladimir	Kazakhstan	1961	80.65	120.0	130.0	140.0		140.0	1	95.1
Master 2												
50	82.5	Ashok Sharma	India	1952	79.15	130.0	137.5	142.5		142.5	1	98.0
51	82.5	Anjum Rohail Butt	Pakistan	1954	80.30	110.0	120.0	125.0x		120.0	2	81.7

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Men 90

No.	Class	Family name / First name	Nation	Birth Year	Body Weight	Benchpress				Best	Place	Wilk's Points
						1	2	3	4			
Sub-Junior												
2	90	Ivanayev Denis	Kazakhstan	1986	87.60	150.0	162.5	167.5		167.5	1	108.5
Junior												
4	90	Shaikh Shamdani	India	1981	86.25	165.0	175.0	187.5x		175.0	2	114.3
5	90	Amit Kumar	India	1983	88.35	170.0x	170.0x	170.0		170.0	3	109.6
6	90	Arasteh Fard	Iran	1983	89.50	185.0	190.0x	192.5x		185.0	1	118.4
Senior												
8	90	Sazonov Andrey	Kazakhstan	1980	89.45	200.0	210.0	212.5		212.5	2	136.1
9	90	Hamasaki Takanori	Japan	1973	88.20	200.0	215.0	230.0x		215.0	1	138.7
10	90	Asadi Ali	Iran	1976	88.65	190.0	202.5	210.0		210.0	3	135.2
11	90	Sukhwinder Singh	India	1973	89.95	175.0x	175.0x	175.0x				
12	90	Aamir Nadeem	Pakistan	1980	88.70	135.0	145.0x	145.0		145.0	4	93.3
Master 1												
15	90	Jagdish Singh	India	1955	88.60	150.0	155.0	160.0		160.0	1	103.0
16	90	Uma Kant	India	1956	88.75	80.0				80.0	2	51.5

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Men 100

No.	Class	Family name / First name	Nation	Birth Year	Body Weight	Benchpress				Best	Place	Wilk's Points
						1	2	3	4			
Sub-Junior												
21	100	Karamvir	India	1988	96.80	125.0	135.0	145.0		145.0	1	89.5
Junior												
22	100	Mohammad Mahdavi	Iran	1981	98.65	170.0x	170.0	180.0		180.0	1	110.2
24	100	Dinesh Panwar	India	1981	96.10	140.0x	140.0x	140.0x				
25	100	Dharamveer Sheloo	India	1981	90.70	130.0	150.0	170.0x		150.0	2	95.4
Master 1												
26	100	J. C. Mathur	India	1957	95.65	125.0	135.0	145.0		145.0	1	89.9
28	100	Muhammad Rashed	Pakistan	1955	96.65	80.0	90.0			90.0	2	55.6
Master 2												
29	100	Puran Singh Kadyan	India	1951	96.60	110.0	117.5	122.5	125.0	122.5	1	75.6
Senior												
30	100	Noori Akbar	Iran	1978	99.15	210.0x	210.0x	210.0		210.0	2	128.3
31	100	Ito Satoshi	Japan	1966	98.95	230.0x	230.0	240.0x		230.0	1	140.6
32	100	Wada Kohei	Japan	1964	98.50	205.0x	205.0x	205.0x				
33	100	Khan Bahadur	Pakistan	1969	94.65	100.0	105.0			105.0	4	65.4
34	100	Onker Singh	India	1975	97.70	182.5	192.5x	195.0x		182.5	3	112.1

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Men 110

No.	Class	Family name / First name	Nation	Birth Year	Body Weight	Benchpress				Best	Place	Wilk's Points
						1	2	3	4			
Sub-Jr												
1	110	Debi Prasad Chatterjee	India	1986	103.90	155.0	165.0			165.0	1	99.0
2	110	Sushil Saini	India	1988	108.90	125.0	130.0	135.0x		130.0	2	76.7
Junior												
4	110	Fatemi Ali	Iran	1983	106.40	210.0	217.5x	220.0x		210.0	1	124.9
5	110	Pradeep Tondon	India	1981	100.50	200.0x	200.0	217.5x		200.0	2	121.5
Master 1												
8	110	Jaspinder Singh	India	1964	100.40	135.0x	135.0	140.0		140.0	1	85.1
Senior												
12	110	Nedashkovskiy Oleg	Kazakhstan	1978	107.50	230.0	240.0	250.0x		240.0	2	142.3
13	110	Minami Shigeki	Japan	1965	109.15	260.0	265.0	270.0x		265.0	1	156.4
14	110	Hossein Fatemi	Iran	1980	105.10	220.0	230.0	232.5		232.5	3	138.9
15	110	Ahmad Afshar	Iran	1972	106.60	220.0x	220.0	232.5x		220.0	4	130.8
16	110	Md. Arif	India	1964	106.65	185.0	195.0	200.0x		195.0	5	115.9

Results of Asian Benchpress Championships

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Men 125 - 125+

No.	Class	Family name / First name	Nation	Birth Year	Body Weight	Benchpress				Best	Place	Wilk's Points
						1	2	3	4			
Master 1												
10	125	Jugal Dhawan	India	1962	110.20	125.0	132.5	137.5		137.5	1	80.9
Junior												
21	125	Pardeep Mallik	India	1982	119.90	170.0	180.0	190.0x		180.0	1	103.5
22	125	Rahul Kumar Shukla	India	1983	110.90	130.0	140.0	150.0		150.0	2	88.1
23	125	M Abdul Jabar Adnan	Pakistan	1983	111.95	100.0	115.0	120.0x		115.0	3	67.3
Senior												
26	125	Fatemi Mehrab	Iran	1975	124.60	260.0	272.5	275.0x		272.5	1	155.4
27	125	Estakhr Mosen	Iran	1969	123.85	230.0x	230.0x	242.5		242.5	2	138.5
28	125	Zakharov Yuriy	Kazakhstan	1972	112.60	232.5	240.0	242.5x		240.0	3	140.3
29	125	Matsubara Satoshi	Japan	1972	113.00	230.0	240.0	245.0x		240.0	4	140.1
30	125	Nakajima Yasunori	Japan	1979	114.50	190.0	200.0	210.0		210.0	5	122.2
31	125	Mandeep Singh	India	1972	110.10	185.0	190.0	192.5x		190.0	6	111.8
Senior												
35	125+	Maleki Mojtaba	Iran	1983	131.30	280.0x	280.0	287.5x		280.0	2	158.1
36	125+	Ali Akbar Ali	Iran	1976	146.00	282.5x	282.5	290.0		290.0	1	161.1
37	125+	Bhupenderjit Singh	India	1973	150.95	190.0x	190.0	210.0x		190.0	3	105.0
38	125+	Sandeep Gosain	India	1966	125.50	135.0	145.0	150.0		150.0	4	85.4
Master 1												
39	125+	Ajoy Sirohi	India	1961	125.50	140.0	155.0	170.0		170.0	1	96.8