



Class - Women 44 - 48kg

NR	BDW.	NAME	COUNTRY	SQUAT			BENCHPRESS			SUB.	DEADLIFT			TOT.	Wilk's	PL.	4. SQ	4. BP	4.DL
				1.	2.	3.	1.	2.	3.		1.	2.	3.						
		44 kg class																	
		Sub-Jr																	
3	43.25	Chen Yuan Min	Chinese Taipei	95.0-	95.0-	95.0	35.0	42.5	47.5-	137.5	110.0	120.0	128.0	265.0	377.1	1			
		Junior																	
1	43.50	Radha Karnati	India	100.0	110.0-	110.0-	40.0	45.0	47.5-	145.0	110.0	120.0	127.5	272.5	386.6	1			
9	42.75	Rashektaeva Valentina	Kazakhstan	50.0	60.0-	70.0	30.0	37.5	45.0-	107.5	60.0	75.0	80.0	187.5	268.8	2			
		Senior																	
7	43.70	V S N L Renuka	India	90.0	105.0-	105.0-	45.0	50.0	55.0	145.0	100.0	115.0	-	260.0	367.8	1			
		48 kg class																	
		Sub-Jr																	
12	47.75	Uryupova Kseniya	Kazakhstan	82.5	87.5	92.5	50.0	52.5	55.0-	145.0	95.0-	100.0	10.0	245.0		3			
13	47.85	Ahmetova Aigul	Kazakhstan	100.0-	100.0	110.0-	40.0-	4.0	52.5	152.5	100.0	110.0	120.0	272.5	361.5	1			
14	47.05	Vasina Anna	Uzbekistan	90.0-	90.0	95.0-	40.0	45.0	47.5	137.5	105.0	115.0	120.0	257.5	345.8	2			
16	47.00	Palyanova Oksans	Uzbekistan	65.0	75.0	82.5-	40.0	47.5-	47.5	122.5	90.0	100.0	110.0-	222.5	299.2	4			
		Junior																	
6	44.80	Asha Rani	India	100.0	110.0	115.0	50.0	55.0	57.5-	170.0	110.0	117.5	127.5	297.5		1			
17	47.25	Anitha Roopsingh	India	100.0	115.0-	115.0	45.0	52.5-	52.5	167.5	100.0	112.5	130.0-	280.0	374.8	2			
		Senior																	
8	44.45	Anjanette Pe	Philippines	60.0	75.0	85.0-	50.0	52.5	57.5-	127.5	80.0-	80.0	110.0-	207.5		2			
13	47.85	Ahmetova Aigul	Kazakhstan	100.0-	100.0	110.0-	40.0-	4.0	52.5	152.5	100.0	110.0	120.0	272.5	361.5	1			

Chen Yuan Min broke 44kg Sub-Jr World record of Deadlift (128.0kg) at 3rd round.

HEADREFEREE
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Class - Women 52kg

NR	BDW.	NAME	COUNTRY	SQUAT			BENCHPRESS			SUB.	DEADLIFT			TOT.	Wlk's	PL.	4. SQ	4. BP	4.DL
				1.	2.	3.	1.	2.	3.		1.	2.	3.						
52 kg class																			
Sub-Jr																			
23	50.90	Mahonina Veronika	Kazakhstan	110.0	120.0	125.0-	55.0	60.0-	60.0	180.0	125.0	135.0	142.5	322.5	408.7	1			
24	50.75	Chang Shu Ching	Chinese Taipei	110.0	125.0-	125.0-	40.0	47.5	50.0	160.0	120.0	130.0	137.5	297.5	377.6	2			
15	49.45	Sushama Nivas Patil	India	85.0	95.0-	95.0	25.0	30.0-	30.0-	120.0	90.0	100.0	107.5	227.5		3			
Junior																			
25	51.55	Yakovleva Nataliya	Kazakhstan	105.0	115.0	125.0	72.5	77.5	82.5	207.5	105.0	115.0	120.0-	322.5	404.4	1			
22	50.70	Zaharova Ekatorina	Uzbekistan	60.0	75.0	85.0	30.0	40.0-	40.0-	115.0	80.0	85.0	-	200.0		2			
Senior																			
26	51.20	Chou Yi ju	Chinese Taipei	140.0	155.0	160.0-	65.0	75.0	80.0-	230.0	160.0	175.0	185.5	415.0	523.6	1			
27	51.25	Sundetova Aikerim	Kazakhstan	110.0-	110.0	117.5-	67.5	72.5	77.5	187.5	130.0	140.0	140.0	327.5	412.6	2			
28	50.60	Alieva Muhtaram	Uzbekistan	90.0	95.0	100.0-	40.0	45.0	50.0	145.0	110.0	115.0	122.5-	260.0	331.0	4			
25	51.55	Yakovleva Nataliya	Kazakhstan	105.0	115.0	125.0	72.5	77.5	82.5	207.5	105.0	115.0	120.0-	322.5	404.4	3			
Master 1																			
29	51.55	Fedoseyeva Valetina	Kazakhstan	110.0	120.0	130.0-	62.5	67.5	67.5	187.5	130.0	140.0	150.0	337.5	423.3	1			

Mahonina Veronika broke 52kg Sub-Jr Asian record of Deadlift (142.5kg) at 3rd round.

Also Chou Yi Ju broke 52kg Senior Asian record of Deadlift (185.5kg) at 3rd round.

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Class - Women 56kg

NR	BDW.	NAME	COUNTRY	SQUAT			BENCHPRESS			SUB.	DEADLIFT			TOT.	Wilk's	PL.	4. SQ	4. BP	4.DL
				1.	2.	3.	1.	2.	3.		1.	2.	3.						
		Sub-Jr																	
3	55.30	Tseng Wei Jung	Chinese Taipei	130.0	135.0-	135.0-	50.0	57.5	65.0-	187.5	130.0-	130.0	140.0-	317.5	377.3	1			
		Jr																	
5	55.55	Shabeena Bahu Farooque	India	130.0	140.0	150.0	55.0	60.0	65.0	215.0	130.0	135.0	140.0	355.0	420.0	1			
		Senior																	
1	55.15	Krotkova Irina	Kazakhstan	155.0	160.0	165.0	82.5	87.5	90.0	255.0	160.0	167.5	175.0	430.0	511.7	1			
2	53.90	Tejaswini Naidu Badeti	India	140.0	150.0	160.0	77.5	82.5-	82.5-	237.5	150.0	160.0-	160.0-	387.5	469.8	2			
3	55.65	Ip Wing Yuk	Hong Kong	80.0	95.0	102.5	50.0	57.5	60.0-	160.0	95.0	117.5	120.0	280.0	330.8	3			
		Master 1																	
9	55.65	Ip Wing Yuk	Hong Kong	80.0	95.0	102.5	50.0	57.5	60.0-	160.0	95.0	117.5	120.0	280.0	330.8	1			

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Class - Women 60kg

NR	BDW.	NAME	COUNTRY	SQUAT			BENCHPRESS			SUB.	DEADLIFT			TOT.	Wilk's	PL.	4. SQ	4. BP	4.DL
				1.	2.	3.	1.	2.	3.		1.	2.	3.						
		Sub-Jr																	
13	57.70	Wang Shu Jung	Chinese Taipei	115.0	130.0	140.0	57.5	70.0	72.5-	210.0	130.0	150.0-	150.0-	340.0	390.8	1			
14	56.70	Zaharova Mahbuba	Uzbekistan	100.0	115.0	125.0	50.0	60.0	65.0-	185.0	110.0	125.0	130.0	315.0	367.0	2			
15	58.60	Zakharova Tatiyana	Kazakhstan	80.0	90.0-	90.0	45.0	52.5-	52.5	142.5	85.0	95.0	100.0	242.5	275.4	3			
		Jr																	
16	59.60	Gaifullina Aigul	Kazakhstan	175.0	185.0	195.0	100.0	107.5	112.5	307.5	200.0	210.0	212.5-	517.5	580.0	1			
17	59.90	Gafurova Anastassiya	Kazakhstan	40.0	-	-	25.0	-	-	65.0	50.0	-	-	115.0	128.4	2			
		Senior																	
16	59.60	Gaifullina Aigul	Kazakhstan	175.0	185.0	195.0	100.0	107.5	112.5	307.5	200.0	210.0	212.5-	517.5	580.0	1			
18	59.45	Hsu Hsiao Li	Chinese Taipei	167.5	175.0	180.0	100.0	105.0	110.0-	285.0	190.0	197.5	210.0-	482.5	541.4	3			
19	60.00	Malyugina Nadejda	Uzbekistan	180.0	20.0	210.0	80.0	90.0	95.0	305.0	170.0	190.0	195.0-	495.0	551.9	2			

Malyugina Nadejda broke Asian Senior record of Squat (210.0) at 3rd round.

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Class - Women 67.5kg

NR	BDW.	NAME	COUNTRY	SQUAT			BENCHPRESS			SUB.	DEADLIFT			TOT.	Wilk's	PL.	4. SQ	4. BP	4.DL
				1.	2.	3.	1.	2.	3.		1.	2.	3.						
		Sub-Jr																	
3	61.35	Chen Ting Yi	Chinese Taipei	125.0	135.0	145.0	65.0-	65.0	70.0	215.0	140.0	150.0	160.0-	365.0	399.7	1			
4	65.70	Kryukova Ekaterina	Kazakhstan	110.0	120.0	127.5	45.0	50.0	55.0	182.5	110.0	120.0	130.0	312.5	325.3	2			
		Jr																	
5	62.90	Lo Hsiu Jung	Chinese Taipei	155.0	165.0	172.5-	60.0	75.0	82.5	247.5	160.0	170.0	175.0	422.5	454.3	1			
6	67.50	Gafurova Yelena	Kazakhstan	130.0	140.0	147.5	70.0	77.5	82.5	230.0	122.5	132.5	137.5-	362.5	370.0	2			
7	67.50	Rupali Das	India	135.0	140.0-	140.0	45.0	52.5	55.0	195.0	130.0	137.5	140.0	335.0	341.9	3			
		Senior																	
8	63.80	Iskandarova Valida	Kazakhstan	210.0	217.5	-	112.5	117.5	120.5	338.0	210.0	217.5	222.5-	555.0	590.4	1			
9	65.55	Smirnova Anastasiya	Kazakhstan	135.0-	140.0	145.0	80.0	90.0-	90.0	235.0	130.0	140.0	145.0-	375.0	390.8	3			
10	65.60	Kozlan Zoya	Uzbekistan	140.0	150.0	160.0	85.0	95.0	97.5	257.5	140.0	155.0	162.5	420.0	437.6	2			
		Master 2																	
10	65.60	Kozlan Zoya	Uzbekistan	140.0	150.0	160.0	85.0	95.0	97.5	257.5	140.0	155.0	162.5	420.0	437.6	1			

Iskandarova Valida broke Asian Senior record of Benchpress at 3rd round.

Also Iskandarova broke Asian Senior record of Deadlift at 2nd round.

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Class - Women 75kg

NR	BDW.	NAME	COUNTRY	SQUAT			BENCHPRESS			SUB.	DEADLIFT			TOT.	Wlk's	PL.	4. SQ	4. BP	4. DL
				1.	2.	3.	1.	2.	3.		1.	2.	3.						
		Sub-Jr																	
23	68.90	Shokayeva Dinara	Kazakhstan	90.0	100.0	107.5-	50.0	55.0-	55.0-	150.0	105.0	110.0	117.5	267.5	269.1	1			
24	72.45	Kadambari D Jagtap	India	100.0	107.5-	107.5-	35.0	40.0	42.5-	140.0	100.0	110.0	127.5-	250.0	242.9	2			
		Jr																	
25	74.30	Zinoviyeva Tatyana	Kazakhstan	115.0	125.0-	135.0	75.0	82.5	87.5-	217.5	115.0	125.0	132.5	350.0	334.7	2			
26	72.05	Beskakoba Natalya	Kazakhstan	120.0	130.0	145.0	72.5	77.5	85.0-	222.5	130.0	145.0	155.0	377.5	368.1	1			
		Senior																	
27	69.60	Pogreban Veronika	Kazakhstan	180.0	190.0-	190.0-	105.0	110.0	115.0-	290.0	170.0	185.0	200.0	490.0	489.4	1			
28	73.40	Madhuri Bhagwat	India	170.0	185.0	192.5	80.0	90.0-	90.0	282.5	160.0	175.0	195.0-	457.5	440.9	2			
29	74.90	Blessy Job	India	140.0	165.0	175.0	60.0	70.0-	70.0-	235.0	150.0	170.0	185.0-	405.0	385.3	3			

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Class - Women 82.5kg

NR	BDW.	NAME	COUNTRY	SQUAT			BENCHPRESS			SUB.	DEADLIFT			TOT.	Wilk's	PL.	4. SQ	4. BP	4.DL
				1.	2.	3.	1.	2.	3.		1.	2.	3.						
		Sub-Jr																	
2	78.70	Yang Ya Feng	Chinese Taipei	130.0	140.0-	140.0	60.0	67.5	72.5	212.5	115.0	130.0	140.0-	342.5	316.3	1			
		Jr																	
3	76.85	Kudryavtseva Tatyana	Kazakhstan	215.0	230.0	240.0-	145.0	156.0-	156.0	386.0	200.0	215.0	230.0	615.0	575.8	1			
4	79.40	Chang Ya Wen	Chinese Taipei	170.0-	170.0	190.0	90.0	97.5	100.0-	287.5	165.0	172.5	175.0-	460.0	422.7	2			
6	80.90	Ragabova Venera	Uzbekistan	175.0	185.0-	185.0	85.0	92.5	95.0-	277.5	155.0	165.0	167.5-	442.5	402.4	3			
		Senior																	
3	76.85	Kudryavtseva Tatyana	Kazakhstan	215.0	230.0	240.0-	145.0	156.0-	156.0	386.0	200.0	215.0	230.0	615.0	575.8	1			
5	80.75	Garkina Larissa	Kazakhstan	150.0	165.0-	170.0	97.5	102.5	107.5	277.5	162.5	172.5	177.5	455.0	414.1	2			
6	80.90	Ragabova Venera	Uzbekistan	175.0	185.0-	185.0	85.0	92.5	95.0-	277.5	155.0	165.0	167.5-	442.5	402.4	3			
8	82.50	Kulkarni Deepali Umakant	India	155.0	162.5	167.5-	55.0	60.0	62.5	225.0	140.0	152.5	162.5-	377.5	339.8	4			

Kudryavtseva Tatyana broke Open World record of Benchpress (156.0kg) at 3rd round. Then, she broke Junior World record of Deadlift (230.0kg) at 3rd round, and Total (615.0kg). Ofcause she broke Open Asian records of each lifts. Also she broke Junior Asian record (230.0kg) of Squat.

**HEADREFEREE
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Class - Women 90 - 90+ kg

NR	BDW.	NAME	COUNTRY	SQUAT			BENCHPRESS			SUB.	DEADLIFT			TOT.	Wilk's	PL.	4. SQ	4. BP	4.DL
				1.	2.	3.	1.	2.	3.		1.	2.	3.						
90kg class		Jr																	
12	90.00	Nilofar Chauhan	India	110.0	120.0-	120.0-	35.0	40.0	45.0	155.0	110.0	120.0	127.5	282.5	244.1	2			
15	85.60	Stesenko Yulia	Uzbekistan	150.0	180.0	190.0	95.0	110.0	117.5-	300.0	145.0	160.0	177.5	477.5	421.9	1			
		Senior																	
13	82.80	Hung Min Chu	Chinese Taipei	180.0	195.0	205.0-	150.0	157.5	170.5	365.5	160.0	170.0	182.5-	535.0	480.6	1			
14	85.05	Chitra Thavarajan	India	180.0	190.0-	190.0-	80.0	85.0-	85.0	265.0	150.0	160.0	170.0	435.0	385.5	3			
15	85.60	Stesenko Yulia	Uzbekistan	150.0	180.0	190.0	95.0	110.0	117.5-	300.0	145.0	160.0	177.5	477.5	421.9	2			
16	86.60	Bhanumati Mendon	India	130.0-	130.0-	130.0	50.0-	50.0	55.0-	180.0	120.0	135.0	150.0	330.0	290.0	4			
		Master 1																	
16	86.60	Bhanumati Mendon	India	130.0-	130.0-	130.0	50.0-	50.0	55.0-	180.0	120.0	135.0	150.0	330.0	290.0	1			
90+ kg class		Senior																	
22	118.20	Chao Chen Yeh	Chinese Taipei	250.0	270.0	-	185.0	190.0	195.0-	460.0	215.0	230.0-	230.0	690.0	553.2	1			248.0-
23	91.60	Sampa Guha	India	170.0	190.0-	190.0-	80.0	87.5-	87.5	257.5	140.0	150.0	160.0	417.5	358.2	2			
24	100.95	Malika	India	150.0	170.0	190.0	45.0	52.5	57.5	247.5	130.0	150.0	162.5	410.0	340.4	3			

Hung Min Chu broke Open and Junior World record of Benchpress (170.5kg) at 3rd round. Ofcause she broke Open and Junior Asian records.

Chao Chen Yeh broke Open World record of Benchpress (190.0kg) at 2nd round, and she broke Open World record of Total.

**HEADREFEREE
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Team awards

Women (exclude Masters categories)

Sub - Jr

PL		44	48		52		56		60		68		75		83		90		90+		Total points		
1	Chinese Taipei	12			9		12		12		12				12							69	6 lifters
2	Kazakhstan		12	8	12				8		9		12									61	6 lifters
3	Uzbekistan			9	7				9													25	3 lifters
4	India					8							9									17	2 lifters

J r

PL		44	48		52		56		60		68		75		83		90		90+		Total points		
1	Kazakhstan	9			12				12	9	9		12	9	12							66	6 lifters
2	India	12		12	9			12			8						9					62	6 lifters
3	Uzbekistan					9										8	12					29	3 lifters
4	Chinese Taipei										12				9							21	2 lifters

Senior

PL		44	48		52		56		60		68		75		83		90		90+		Total points		
1	Kazakhstan		12		9	8	12		12		12	8	12		12	8						72	6 lifters
2	India	12					9						9	8	9	6	8	7	9	8		56	6 lifters
3	Chinese Taipei				12				8								12		12			44	4 lifters
4	Uzbekistan				7				9		9				7		9					41	5 lifters
5	Philippines			9																		9	1 lifter
6	Hong Kong						8															8	1 lifter

Best lifters

Women (exclude Masters categories)

Sub - Jr	1	Mahonina Veronika	Kazakhstan	408.7
	2	Chen Ting Yi	Chinese Taipei	399.7
	3	Wang Shu Jung	Chinese Taipei	390.8
Junior	1	Gaifullina Aigul	Kazakhstan	580.0
	2	Kudryavtseva Tatyana	Kazakhstan	575.8
	3	Lo Hsiu Jung	Chinese Taipei	454.3
Senior	1	Iskandarova Valida	Kazakhstan	590.4
	2	Gaifullina Aigul	Kazakhstan	580.0
	3	Kudryavtseva Tatyana	Kazakhstan	575.8